

<https://doi.org/10.1038/s42003-024-06646-z>

# ScreenDMT reveals DiHOMEs are replicably inversely associated with BMI and stimulate adipocyte calcium influx

Check for updates

Jonathan M. Dreyfuss<sup>1</sup>, Vera Djordjilović<sup>2</sup>, Hui Pan<sup>1</sup>, Valerie Bussberg<sup>3</sup>, Allison M. MacDonald<sup>3</sup>, Niven R. Narain<sup>3</sup>, Michael A. Kiebish<sup>3</sup>, Matthias Blüher<sup>4</sup>, Yu-Hua Tseng<sup>5,6</sup> & Matthew D. Lynes<sup>7,8,9</sup> ✉

Activating brown adipose tissue (BAT) improves systemic metabolism, making it a promising target for metabolic syndrome. BAT is activated by 12,13-dihydroxy-9Z-octadecenoic acid (12,13-diHOME), which we previously identified to be inversely associated with BMI and which directly improves metabolism in multiple tissues. Here we profile plasma lipidomics from 83 people and test which lipids' association with BMI replicates in a concordant direction using our novel tool ScreenDMT, whose power and validity we demonstrate via mathematical proofs and simulations. We find that the linoleic acid diols 12,13-diHOME and 9,10-diHOME are both replicably inversely associated with BMI and mechanistically activate calcium influx in mouse brown and white adipocytes *in vitro*, which implicates this signaling pathway and 9,10-diHOME as candidate therapeutic targets. ScreenDMT can be applied to test directional mediation, directional replication, and qualitative interactions, such as identifying biomarkers whose association is shared (replication) or opposite (qualitative interaction) across diverse populations.

The incidence of pre-diabetes, metabolic syndrome, and type 2 diabetes are increasing world-wide and pose a critical need for improved therapeutics. A promising approach is activating brown adipose tissue (BAT), which increases the rate of systemic metabolism by oxidizing metabolic fuels like glucose and fatty acids and secreting signaling molecules. We and others have discovered that BAT can produce omega ( $\omega$ )-6 and  $\omega$ -3 polyunsaturated fatty acids (PUFAs)-derived bioactive lipids (i.e. lipokines) such as 12,13-dihydroxy-octadecanoic acid (12,13-diHOME), which increases BAT activity<sup>1,2</sup>, skeletal muscle fatty acid uptake<sup>3</sup>, cardiac function<sup>4</sup>, and endothelial function to reduce atherosclerosis<sup>5</sup>. Furthermore, 12,13-diHOME in mother's milk is associated with lower infant fat mass<sup>6</sup> and an open-label clinical trial has found that sustained BAT activation over 4 weeks improved systemic metabolism<sup>7</sup>.

We had previously identified 12,13-diHOME due to its inverse association with BMI (body mass index) in a cohort of 55 individuals (Study 1) with a broad range of BMI<sup>8</sup> and then showed that 12,13-diHOME mechanistically induces translocation of fatty acid transport proteins to the surface of cells<sup>8</sup>. Other groups also observed a relationship between human

obesity and 12,13-diHOME; however, the signaling pathway that drives this effect is unknown. To confirm this association in another study using analogous methods and gain the power to identify additional signaling lipids that benefit systemic metabolism, we recruited a new cohort.

In this work, we profile signaling lipids in a cohort of 83 individuals (Study 2) that was partitioned based on BMI into obese (BMI > 40 kg/m<sup>2</sup>) and non-obese (BMI < 30 kg/m<sup>2</sup>). We first test if we can replicate the significant, negative rank correlation between plasma concentration of 12,13-diHOME at room temperature and BMI in Study 2. Secondly, we examine if other lipids' association with BMI replicates in both studies<sup>8</sup>. Replication of two studies tests a mathematically equivalent null hypothesis as mediation analysis, because both settings evaluate two independent hypotheses (mediation tests if each lipid or analyte is both associated with the exposure, and separately if it is associated with the outcome given the exposure). Replication and mediation can be tested by calculating each analyte's *p*-value as the analyte's maximum *p*-value over the two studies (i.e. the joint significance or MaxP method's *p*-value) and then adjusting these maximum *p*-values for multiple testing of many analytes<sup>9</sup>. The MaxP *p*-values were

<sup>1</sup>Bioinformatics & Biostatistics Core, Joslin Diabetes Center, Harvard Medical School, Boston, MA, USA. <sup>2</sup>Department of Economics, Ca' Foscari University of Venice, Cannaregio 873, Venice, Italy. <sup>3</sup>BPGbio Inc, Framingham, MA, USA. <sup>4</sup>Helmholtz Institute for Metabolic, Obesity and Vascular Research (HI-MAG) of the Helmholtz Zentrum München at the University of Leipzig and University Hospital, Leipzig, Germany. <sup>5</sup>Integrative Physiology and Metabolism, Joslin Diabetes Center, Harvard Medical School, Boston, MA, USA. <sup>6</sup>Harvard Stem Cell Institute, Harvard University, Cambridge, MA, USA. <sup>7</sup>Center for Molecular Medicine, MaineHealth Institute for Research, Scarborough, ME, USA. <sup>8</sup>Department of Medicine, MaineHealth, Portland, ME, USA. <sup>9</sup>Roux Institute at Northeastern University, Portland, ME, USA. ✉e-mail: [matthew.lynes@mainehealth.org](mailto:matthew.lynes@mainehealth.org)

found via simulations to control the error rate and have more power than many competing approaches<sup>10,11</sup>.

However, such application of the MaxP method has two limitations: it does not account for direction, whereas it is natural to require an effect to have the same direction in both studies to be considered replicated, and there are improved methods of adjusting  $p$ -values in this context. We previously accounted for directionality in High-throughput mediation analysis (Hitman), which proposed a Directional MaxP Test (DMT) and use of empirical Bayesian linear regression modeling to improve power<sup>12</sup>, although here we apply non-parametric methods to mirror our previous analysis of 12,13-diHOME<sup>8</sup>. The directional MaxP test assesses mediation in a direction consistent with the exposure's effect on the outcome and its  $p$ -value is half the (non-directional) MaxP  $p$  value if the direction is consistent, whereas otherwise its  $p$ -value is one. DMT was mathematically proven to control the error rate and was found to have stronger  $p$ -values than the MaxP and other methods<sup>12</sup>.

We improved MaxP's adjusted  $p$ -values by developing ScreenMin<sup>13</sup>, which reduces the multiple testing burden by filtering out analytes whose minimum  $p$ -value is so weak that their MaxP  $p$ -value could never be significant. This idea was further developed in AdaFilter<sup>14</sup>, which also proposes a method to account for direction. There are other methods that improve upon MaxP adjusted  $p$  values and can account for direction, such as *radjust-sym*<sup>15</sup>, where analytes with strong  $p$ -values from each study are selected and only analytes selected from both studies are tested for replicability, and the empirical Bayesian method RepFdr<sup>16</sup>.

## Results

### Development and validation of ScreenDMT

To identify which lipid's association with BMI is replicated, we sought a test that accounted for direction and had the strongest adjusted  $p$ -values in terms of the false discovery rate (FDR). Because we cared about directionality it was natural to consider DMT. By comparison, it was recently shown that the MaxP test is the likelihood ratio test (LRT) for the non-directional mediation null hypothesis<sup>17</sup>, which is mathematically equivalent to testing replication without regard for direction in two studies. The LRT has many beneficial properties such as often being optimal, which is why LRTs so often used in practice, e.g. the  $t$ -test for means. For directional mediation and replication, we mathematically prove that DMT is the LRT in Supplementary Note 1. To our knowledge, analyses of replication and mediation had not been previously connected to analysis of qualitative interactions, which occurs when an effect changes sign between groups of subjects, e.g. a treatment benefits one group of patients while it harms another. Surprisingly, we find that directional replication and mediation are connected to qualitative interaction, because applying the DMT in search of effects that have opposite signs between groups is the LRT for qualitative interactions<sup>18,19</sup>.

We considered how to improve the adjusted  $p$ -values from our directional MaxP test with screening or filtering. The filtering approach in AdaFilter when applied to two studies uses the minimum  $p$ -value ( $p_{\min}$ ) per analyte as the filtering  $p$ -value and the maximum  $p$ -value as the selection  $p$ -value. We cannot directly use AdaFilter by naively setting the DMT  $p$ -value ( $p_{\text{DMT}}$ ) as the selection  $p$ -value, since the selection  $p$ -value must exceed the filtering  $p$ -value, which would not always be true. Instead, we developed a way to apply screening to our directional MaxP test, which we term "ScreenDMT". ScreenDMT defines its selection  $p$ -value per analyte as the maximum of  $p_{\text{DMT}}$  and  $p_{\min}$ . We mathematically prove ScreenDMT to be valid for controlling the FDR and the family-wise error rate (FWER; the rate controlled by the Bonferroni method) in Supplementary Note 1 for large sample sizes. For small sample sizes, the screening-based multiple testing adjustment is very slightly too strong, but this is where the DMT  $p$ -value, like similar statistical tests, is weak anyway. Like in AdaFilter<sup>14</sup>, theoretical control of the FWER requires independence of  $p$ -values within each study, while control of the FDR for a large number of analytes allows weak dependence between analytes. Such weak dependence typically holds, for example, between gene loci and expression<sup>14</sup>. Importantly, not all FDR methods theoretically allow dependence, such as RepFdr<sup>16</sup>.

We compare ScreenDMT's FDR and power via simulation against competing directional replication methods, including the directional approaches of AdaFilter<sup>14</sup>, *radjust-sym*<sup>15</sup>, RepFdr<sup>16</sup>, and DMT (Fig. 1). We also compare against a directional alternative to the MaxP test that was adapted from a meta-analysis due to Pearson<sup>14,20</sup>, which applies MaxP for each analyte to right-sided  $p$ -values of both studies, then applies MaxP to left-sided  $p$ -values, and doubles the minimum from the two applications. This procedure also underlies AdaFilter's directional approach.

We see in Fig. 1 that RepFdr often does not control its FDR below the nominal level, and apart from RepFdr, ScreenDMT retains the most power across the scenarios. We also see that DMT has more power than the approach adapted from Pearson<sup>14,20</sup>, which helps explain ScreenDMT's power advantage over AdaFilter. We perform the analogous simulation for FWER using methods that account for directionality and provide FWER in Supplementary Fig. 1. We see that all methods properly control FWER, DMT is slightly more powerful than the method adapted from Pearson<sup>14,20</sup>, and ScreenDMT's power is very similar but slightly stronger than AdaFilter's.

### Inverse association of 12,13-diHOME with BMI replicates

We wanted to test if 12,13-diHOME negatively associates with BMI in the Study 2 cohort of 83 individuals (Table 1). Our previous association of 12,13-diHOME to BMI in Study 1 was assessed using Spearman rank correlation, so we also use a nonparametric test in Study 2 (Figs. 2a, b). Since Study 2 is split into obese and non-obese subjects, we evaluate whether lipids are differentially abundant between groups with a non-parametric  $t$ -test (i.e. Wilcoxon rank sum or Mann-Whitney U test) (Figs. 2c, d). We apply this test in a one-sided manner to test if 12,13-diHOME is lower in obese subjects. Since 12,13-diHOME had already been prioritized, its  $p$  value does not need to be adjusted for multiple testing. We obtain a one-sided  $p$ -value of 0.00093 against a significance  $p$  value threshold of 0.05, which demonstrates replication (Fig. 2d).

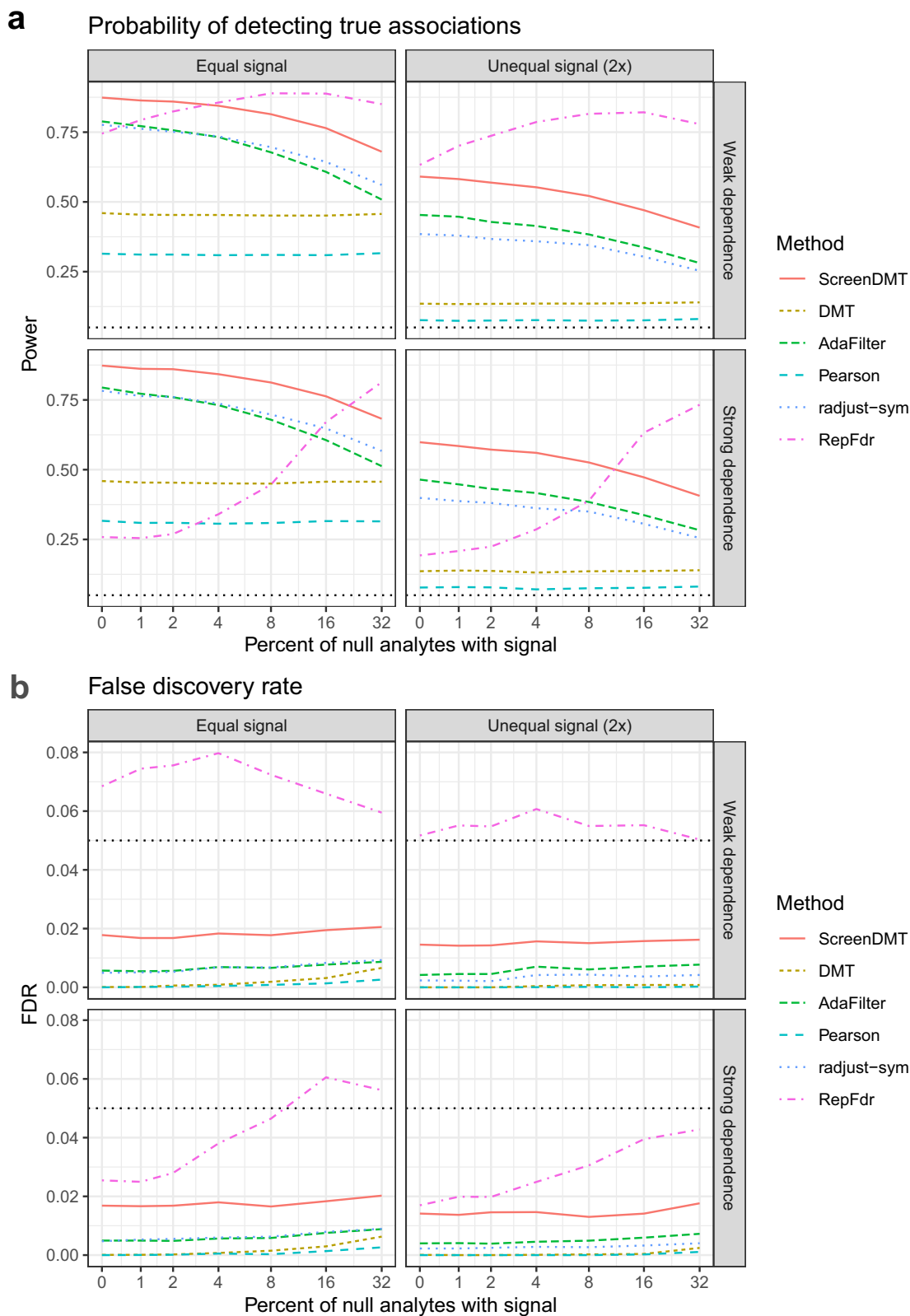
### Application of ScreenDMT to test replication of other lipids' association with BMI

In addition to 12,13-diHOME, we measured a panel of more than a hundred oxidized lipid species, including metabolites of "parent" lipids: linoleic acid (LA),  $\alpha$ -linolenic acid, arachidonic acid, dihomo- $\gamma$ -linolenic acid, Docosahexaenoic acid and Eicosapentaenoic acid (Fig. 3a). To assess if any lipids other than 12,13-diHOME have an association with BMI that replicates, we applied the non-parametric  $t$ -test to all the lipids except 12,13-diHOME and then assessed replication with ScreenDMT (Supplementary Data 1). The only other lipid that replicated was 9,10-dihydroxy-12Z-octadecenoic acid (9,10-diHOME), which is a regioisomer of 12,13-diHOME (Fig. 3b), whose FDR is 5%. Whereas if we had tested replication with DMT, the FDR of 9,10-diHOME would be nearly double at 9%. We show the plots of 9,10-diHOME vs. BMI and of 12,13-diHOME vs. BMI in both cohorts in Fig. 2.

We next assessed lipid sets for enrichment of lipids whose nominal DMT replication  $p$ -value was below 5%. We defined one lipid set per parent lipid from the left-most column of Fig. 3a, so we created 6 lipid sets. For example, the LA set contained the eight lipids in the first row of Fig. 3a. We tested if each set was over-represented among the nominally significant lipids using a one-sided Fisher exact test and adjusted the six  $p$ -values for multiple hypothesis testing using the Benjamini-Hochberg FDR (Supplementary Data 1). We found that the LA set was the only significant set (FDR <  $10^{-5}$ ) and that all of the LA-derived lipids had an inverse (but not necessarily significant) relationship with BMI in both studies.

### 9,10-diHOME and 12,13-diHOME activate adipocyte calcium fluxes

12,13-diHOME and its stereoisomer 9,10-diHOME are replicably associated with BMI, and we had previously shown that 12,13-diHOME increases cellular fatty acid uptake by inducing the translocation of fatty acid transporters FATP1 and CD36 to the cell surface; however, the signaling pathway that mediates this effect is unknown. 12,13-diHOME and 9,10-



**Fig. 1 | Comparison of ScreenDMT’s power and false discovery rate to competing approaches in replication of two datasets via simulation.** Simulation of two datasets with strong or weak dependence between analytes when the signal strength or effect size per analyte is equal between the two datasets and when it is unequal. The

x-axis represents the percent of analytes that do not truly directionally replicate but show some effect in one of the studies or show effect in both studies of opposite direction. **a** Probability of detecting true associations (power). **b** False discovery rate. The FDR threshold is 5%.

**Table 1 | Anthropometrics of Study 2 cohort**

	Lean	Obese
Age (years)	52.1 (32.5-64.6)	41.6 (31.3-51.9)
BMI (kg/m <sup>2</sup> )	26.2 (24-28.8)	45.1 (41.8-49.7)
Triglycerides (mmol/l)	0.8 (0.6-03.5)	5.3 (0.6-6.6)
Height (m)	1.7 (1.6-1.8)	1.7 (1.7-1.8)
Body weight (kg)	75.5 (67.9-83)	135.6 (117.9-150)
Body fat (%)	30.9 (23.1-38.6)	46 (41.3-48.9)
Hemoglobin (mmol/l)	8.3 (7.9-8.9)	8.3 (7.9-8.9)
Erythrocytes (10 <sup>12</sup> /l)	4.6 (4.3-4.8)	4.7 (4.5-4.9)
Thrombocytes (10 <sup>9</sup> /l)	259 (230.3-294)	285.5 (244.5-320.3)
Leukocytes (10 <sup>9</sup> /l)	6.6 (5.5-8)	7.7 (6.4-8.8)
ALAT (μkat/l)	0.4 (0.3-0.5)	0.5 (0.4-0.6)
ASAT (μkat/l)	0.5 (0.4-0.5)	0.5 (0.4-0.6)
gGT (μkat/l)	0.7 (0.3-0.7)	0.7 (0.3-1.1)
Fasting plasma glucose (mmol/l)	5.3 (4.8-5.9)	5.8 (5.2-7.8)
HbA1c (%)	5.6 (5.4-6)	5.8 (5.3-6.6)
Fasting plasma insulin (pmol/l)	31.3 (15.9-83.5)	143.5 (79.2-185.4)
C-Peptide (nmol/l)	1 (0.7-1.3)	1.4 (0.9-2)
Creatinine (μmol/l)	76 (59-85)	67.5 (56.8-79.3)
Cholesterol total (mmol/l)	5.5 (4.5-6.4)	4.9 (4.3-5.3)
HDL-Cholesterol (mmol/l)	1.3 (1.1-1.8)	1.1 (0.9-1.5)
LDL-Cholesterol (mmol/l)	3.1 (2.4-3.9)	2.6 (2.1-2.9)
Total protein (g/l)	72.3 (69.8-78)	75.6 (73.2-84.1)
Albumin (g/l)	45.9 (44.4-46.8)	45.5 (43.6-46.7)
TSH (mU/l)	1.5 (0.9-2)	2.1 (1.4-3.3)
fT3 (pmol/l)	4.8 (4.3-5.2)	4.5 (4.3-5.3)
fT4 (pmol/l)	15.7 (14-17.1)	13.8 (13-15.6)
Cortisol (nmol/l)	354 (212.9-549.7)	396.3 (302.8-500.8)
Testosterone (nmol/l)	1.1 (0.5-9)	1.4 (0.9-5.5)
RR sys (mmHg)	131 (124.3-139.3)	143 (127-162)
RR dia (mmHg)	84.5 (74.5-90)	85 (80-94)
hsCRP (mg/dl)	0.3 (0.2-1)	2.2 (1.1-3.8)

Data are shown as mean for each group with the interquartile range in parentheses.

diHOME have both been found to activate ion flux in primary neurons and CHO cells<sup>21</sup>, so we measured calcium flux in adipocytes treated with each diol. We used in vitro differentiated WT1 mouse brown preadipocytes and in vitro differentiated 3T3-L1 mouse white preadipocytes to model brown and white adipocytes, respectively. Both cell lines were differentiated using a standard adipogenic induction media, and then loaded with Fura-2. After we recorded baseline calcium flux, cells were treated with Hanks Buffered Saline Solution (HBSS) containing 1% fatty acid-free bovine serum albumin (BSA) alone or containing different concentrations of linoleic acid diol, and calcium flux was monitored every 50 seconds for approximately 9 minutes in a plate reader (Fig. 4). Both 9,10-diHOME and 12,13-diHOME triggered calcium influx in brown and white adipocytes, suggesting the signaling pathway activated downstream of these two lipids overlaps.

## Discussion

We test replication which has been defined as obtaining the same result in new data<sup>22</sup>. Although often used synonymously, reproducibility can be defined as obtaining the same result on the same data with the same analysis<sup>22</sup>, whereas meta-analysis combines statistics from datasets, which can yield significance due to a strong effect in a single study. Replication is fundamental to science and its mathematical treatment has been found to

have numerous applications<sup>9</sup>. We focus on replication in a concordant direction and show that our test for directional replication is mathematically equivalent to testing for qualitative interactions and directional mediation.

An example of a qualitative interaction would be a pair of genes that are positively associated in healthy participants and negatively associated in those with disease. Finding such pairs is important for identifying the gene interactions causing disease and other questions in differential network biology<sup>23</sup>. Another example would be a biomarker being positively associated with an outcome in one population, such as those of European ancestry, while being negatively associated in an under-represented population. Although a limitation of our work is that Study 1 and Study 2 are comprised of people of European ancestry, our method can powerfully identify whether LA diols inverse associations to BMI (or any other findings in Europeans) are consistent or of the opposite direction across populations, promoting equity in medicine<sup>24</sup>.

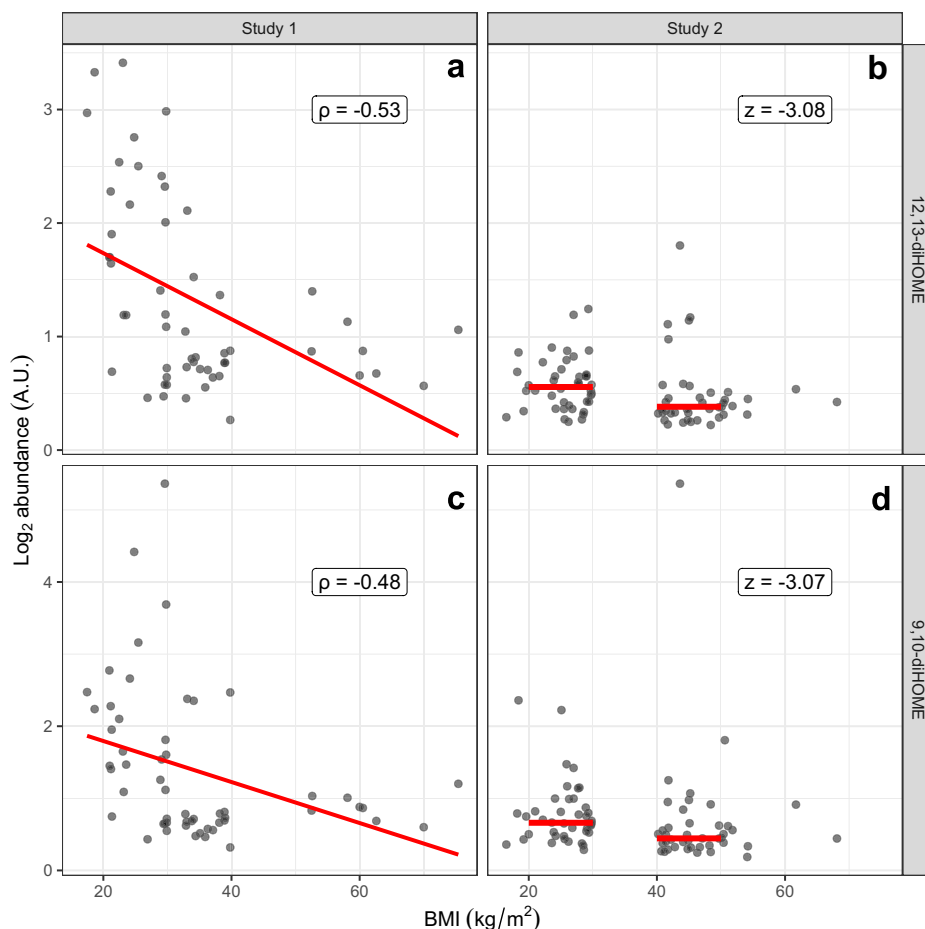
We demonstrated the value of mediation accounting for direction in a previous study where Hitman, which is based on DMT, identified growth hormone receptor as a mediator of gastric bypass surgery's reduction of glycemia<sup>12</sup>. We found that surgery reduced GHR levels, and lower GHR was associated with lower glycemia. Mediation methods that do not account for direction would have called the metabolite retinol as a mediator, even though surgery reduced retinol levels, and lower retinol was associated with glycemia being increased. Thus, surgery's apparent action via retinol would be for glycemia to increase. This type of inconsistent mediation is unlikely and does not help explain the mechanism of action, so our directional MaxP test saves power by assigning such an analyte a *p*-value of one. ScreenDMT improves upon the directional MaxP test with more efficient adjusted *p*-values<sup>14</sup>. These improved adjusted *p*-values correspond to selection *p*-values that are based on, but not necessarily the same, as the directional MaxP test *p*-values. Thus, at times, ScreenDMT's adjusted *p*-values may not have the same order as the DMT *p*-values. As usual when testing many hypotheses, significance should be based on adjusted *p*-values.

A possible reason that both 12,13-diHOME and 9,10-diHOME levels are associated with BMI is their shared biosynthetic pathways downstream of LA. LA is a polyunsaturated omega-6 fatty acid that is one of two essential fatty acids for humans and can be used as an energy source<sup>25</sup>. However, it can also be metabolized into a diverse group of signaling molecules, including the LA diols<sup>26,27</sup>. LA diols are synthesized in a two-step process that begins with oxidation of LA at either the double bond at the 9,10 position or the 12,13 position, resulting in one of two regioisomer epoxides. This step is catalyzed by Cytochrome P450 oxidases, however little is known regarding the identity of the specific enzyme(s) that catalyze this step or if and how the position of the epoxide moiety is determined. Biosynthesis of 12,13-diHOME from its parent epoxide is mediated by an epoxide hydrolase, most likely soluble epoxide hydrolase encoded by the gene *Ephx2*, as mice lacking *Ephx2* have circulating levels of 12,13-diHOME 8-fold lower than wildtype or *Ephx1* knockout controls<sup>28</sup>. Similarly, 9,10-diHOME is generated from an epoxide precursor called 9,10-epOME, however only genetic ablation of both *Ephx2* and *Ephx1*, which encodes the microsomal isozyme of epoxide hydrolase, is sufficient to lower the levels of circulating 9,10-diHOME<sup>28</sup>.

In rodents and humans, dietary LA can raise circulating concentrations of LA diols, increasing 12,13-diHOME levels as quickly as 1 hour after intravenous infusion of a lipid emulsion mainly composed of LA<sup>29-31</sup>. Thus our findings on LA diols and the LA-derived lipid set could be explained by LA intake. If our findings were entirely explained by LA intake, then we would expect LA intake to be inversely associated with BMI. Although some studies have found that LA supplementation decreases body weight, most clinical studies have found no effect<sup>32-34</sup>. Moreover, a cross-sectional analysis of American adults' BMI and dietary intake from the National Health and Nutrition Examination Survey (NHANES) found that those with a BMI between 30 to 40 consumed significantly more LA than those with a normal weight (BMI 18.5 to 25), so our findings are likely due to regulation of LA metabolism. Future work could investigate to what degree concentrations of LA diols in humans are explained by LA intake or the regulation of LA metabolism (e.g. epoxide hydrolase activity).



**Fig. 2 | 9,10-diHOME and 12,13-diHOME versus BMI in both cohorts.** Plasma levels of 9,10-diHOME and 12,13-diHOME versus BMI in participants from the original cohort (Study 1) and from the new cohort (Study 2). To improve visualization, 9,10-diHOME values above its 99<sup>th</sup> percentile were winsorized to its 99<sup>th</sup> percentile. The y-axis represents log<sub>2</sub>-transformed area ratios, which are in arbitrary units (A.U.). Spearman's rank correlation coefficient or Wilcoxon rank sum's z-score are provided. **a** 12,13-diHOME in Study 1. **b** 12,13-diHOME in Study 2. **c** 9,10-diHOME in Study 1. **d** 9,10-diHOME in Study 2.



In mice and cells, 12,13-diHOME can activate changes in metabolism by recruiting fatty acid transport proteins to the cell surface, however the signaling pathway or pathways that mediate this effect are unknown. A candidate transport protein is CD36, and translocation of CD36 can be activated by calcium flux<sup>35</sup>. Since both 12,13-diHOME and 9,10-diHOME can activate changes in membrane polarization<sup>21</sup> and we have recently shown that 12,13-diHOME can activate calcium flux in bovine endothelial cells<sup>5</sup>, we tested whether both lipids in their physiological range from 1 to 100 nM<sup>8,36,37</sup> have a similar effect on adipocyte calcium flux and found that they do.

The beneficial effect of 9,10-diHOME and 12,13-diHOME are historically surprising, because they were originally tested in the micromolar range where they were found to cause mitochondrial damage in leukocytes. Recently, 12,13-diHOME in the micromolar range was found to reduce T regulatory cell abundance and secretion of IL-10<sup>38</sup>. Whereas 9,10-diHOME at physiological concentrations between 1–100nM was found to activate neutrophil chemotaxis *in vitro*<sup>39</sup>, so pro-inflammatory effects even at nanomolar doses should be kept in mind when considering these compounds as therapeutic targets.

Overall, given our findings there is an evidence base to test the beneficial effects of 9,10-diHOME on systemic metabolism, and given the overlap between signaling that we observed with 12,13-diHOME, the signaling pathway targeted by these two molecules could prove to be a valuable therapeutic target in the treatment of obesity and its sequelae. Our experimental validation also lends credence to our statistical approach. To summarize its benefits over competing approaches in the setting of replication, DMT yields stronger *p*-values by focusing on effects that are in the same direction across studies and ScreenDMT yields stronger adjusted *p*-values, providing more sensitivity to detect real effects.

## Methods

### Study 2 inclusion and ethics

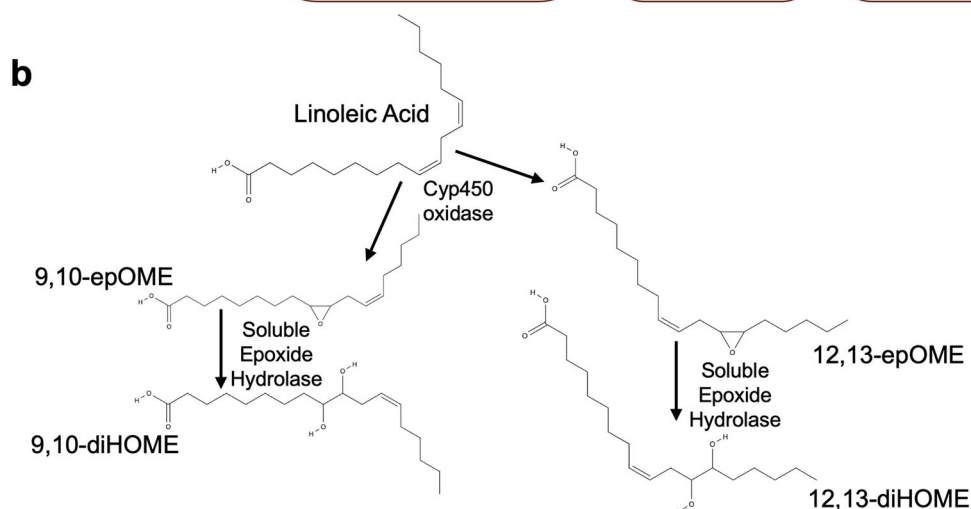
We included 83 individuals with (*n* = 41) or without (*n* = 42) obesity defined by a BMI > 30 kg/m<sup>2</sup> (Table 1). Study participants were consecutively recruited to the Leipzig Obesity BioBank (LOBB). To minimize the effect of diet, all blood samples were collected between 8 and 10 am after an overnight fast. The study was approved by the local Ethics Committee of the University of Leipzig, Germany (Reg. numbers: 363–10-13122010 and 017–12-230112) and all subjects gave written witnessed informed consent before inclusion into the LOBB repository. All ethical regulations relevant to human research participants were followed.

### Study 2 lipidomics

Plasma was analyzed by liquid chromatography-tandem mass spectrometry (LC-MS/MS) to obtain relative measurements on a panel of 113 signaling lipids. Plasma samples were thawed at room temperature and immediately placed on ice. Aliquots of 100  $\mu$ L were taken and added to 300  $\mu$ L of methanol (stored at  $-20^{\circ}\text{C}$ ) for a protein crash. Ten  $\mu$ L of a mixture of 5 deuterated internal standards (Cayman Chemical, Ann Arbor, MI, USA), each at 100 pg/ $\mu$ L, were spiked into the samples, then samples were vortexed for 10 seconds and stored at  $-20^{\circ}\text{C}$  overnight. Samples were then subjected to a solid phase extraction. C18 cartridges at 500 mg/6 mL (Biotage, Uppsala, Sweden) were conditioned with 10 mL of methanol followed by 10 mL of water. The samples were centrifuged at 14000 g, and the pH of the supernatant of the samples was adjusted by adding 3 mL of pH 3.5 water before loading the samples onto the C18 cartridges. The cartridges were washed with 5 mL water followed by 5 mL hexanes. Fractions were dried down under a stream of N<sub>2</sub> gas, and reconstituted in 50  $\mu$ L methanol:water (1:1, by vol). Samples were vortexed and then transferred to LC-MS vials for analysis.

**a**

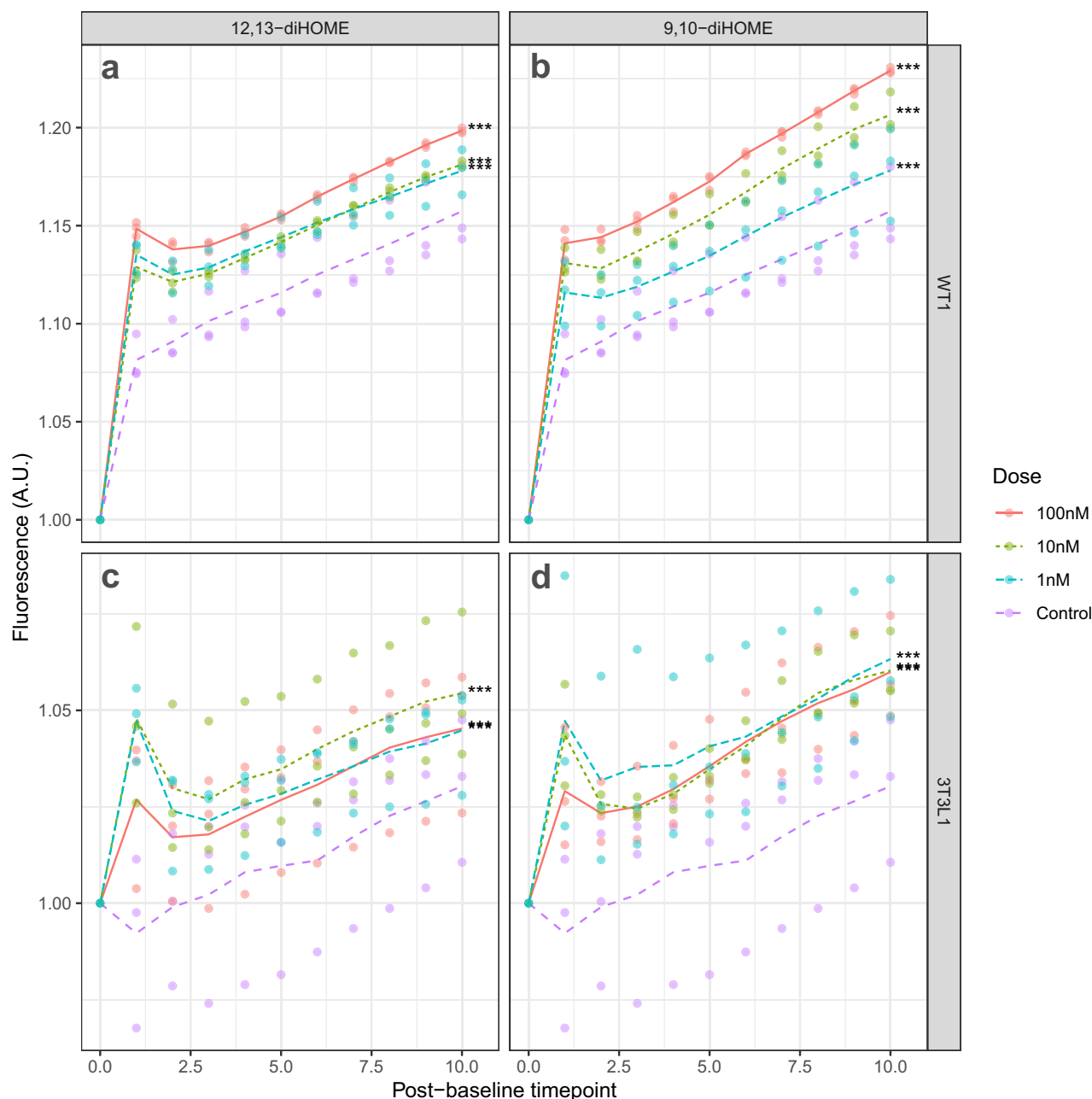
	Cyclooxygenase Dioxygenase (FA+O <sub>2</sub> )	Lipoxygenase Dioxygenase (FA+O <sub>2</sub> )	Cytochrome P450 oxidase Monooxygenase (FA+O)	Non-enzymatic	
Linoleic Acid (LA, 18:2 ω-6)		9-oxoODE 13-oxoODE 9-HODE 13-HODE	9,10-EpOME 12,13-EpOME 9,10-diHOME 12,13-diHOME		
α-Linolenic acid (ALA, 18:3 ω-3)		9-HOTrE 13-HOTrE/13-HOTrE(r)			
Aarachidonic Acid (AA, 20:4 ω-6)	15-deoxy-delta 12,14-PGJ2 2,3-dinor-11beta-PGF2a tetranor-PGFM PGA2/PGJ2 PGB2 15-deoxy-delta 12,14-PGD2 13,14-dihydro-15-keto PGA2 Bicyclo PGE2 delta 12-PGJ2 PGA1 2,3-dinor TxB2 15-keto PGE2 PGK2 13,14-dihydro-15-keto PGE2 PGD2 15-keto PGF2a PGE2/PGD2	PGD2 PGF2a 11-beta PGF2a/PGF2b 13,14-dihydro-15-keto PGF2a 20-carboxy LTB4 11-dehydro TxB2 19/20-OH PGE2 6-keto PGE1 TxB2 6-keto-PGF1a 19/20-OH PGF2a PGF1a 6,15-diketo-13,14-dihydro PGF1a 13,14-dihydro PGE1	Tetranor-12-HETE 15-oxoETE 12-oxoETE 5-oxoETE 15-HETE 12-HETE 5-HETE 20-HETE 12-oxoLTB4 LTB4 5,6-diHETE 5,15-diHETE Hepoxilin A3 LXA4 LXB4 LTE4 LTD4 LTC4	14(15)-EET 11(12)-EET 8(9)-EET 5(6)-EET 16-HETE 17-HETE 18-HETE 5,6-diHETrE 8,9-diHETrE 11,12-diHETrE 14,15-diHETrE	11-HETE 9-HETE 8-HETE 8-iso PGF2a 5-iPF2a-VI
Duomo-γ-linolenic acid (DGLA, 20:3 ω-6)	PGE1/PGD1 PGF1A	5-HETrE 8-HETrE 15-HETrE			
Docosahexaenoic acid (DHA, 22:6 ω-3)		17-HDHA 14-HDHA 7-HDHA 4-HDHA 8-HDHA 10-HDHA 13-HDHA	16-HDHA 20-HDHA Maresin1 PD1 RvD1 RvD2	19(20)-EpDPE 16(17)-EpDPE 19,20-diHDPA	11-HDHA
Eicosapentaenoic acid (EPA, 20:5 ω-3)	PGD3/PGE3 TxB3	18-HEPE 15-HEPE 12-HEPE 5-HEPE 8-HEPE 14,15-diHETE	14(15)-EpETE 17(18)-EpETE 17,18-diHETE	11-HEPE 9-HEPE	



**Fig. 3 | Biosynthesis of linoleic acid diols 9,10-diHOME. a** Lipids measured in our lipidomic panel are shown as a product of their precursor fatty acids and the oxidative pathways that are the first step in their biosynthesis. **b** Biosynthesis of linoleic acid diols.

Electrospray ionization (ESI) LC-MS/MS was performed on a QTRAP 6500 (Sciex, Framingham, MA, USA) coupled to an Agilent Infinity 1290 (Agilent, Santa Clara, CA, USA) LC system with a InfinityLab Poroshell 120 EC-C18 (4.6 ×100 mm, 2.7 μm; Agilent) analytical LC column with a column oven heated to 60°C. Ten μL of sample was injected at a flow rate of

400 μL/min and components were separated by reversed-phase chromatography with mobile phases A (100% H<sub>2</sub>O, 0.1% acetic acid) and B (100% MeOH, 0.1% acetic acid). The gradient started at 5% B and increased to 20% B by 3 minutes, then increased to 60% B by 8 minutes, increased to 90% B by 23 minutes, held at 90% B for 3 minutes, then returned to 5% B for the last



**Fig. 4 | Linoleic acid diols activate calcium flux in cultured adipocytes.** X-axis is timepoint after baseline (baseline is timepoint zero). Each timepoint is approximately 50 seconds apart. Immediately after baseline, vehicle control or different concentrations of linoleic acid diol were injected. Y-axis is FLUOFORTE fluorescence quantification in arbitrary units (A.U.). To normalize, values were divided by their mean baseline value. Each data point is from an independent well;  $n = 3$  independent wells per group. **a** Differentiated WT1 brown adipocytes treated with 12,13-diHOME or vehicle control. **b** Differentiated WT1 brown adipocytes treated

with 9,10-diHOME or vehicle control. **c** Differentiated 3T3-L1 white adipocytes treated with 12,13-diHOME or vehicle control. **d** Differentiated 3T3-L1 white adipocytes treated with 9,10-diHOME or vehicle control. For each panel, normalized post-baseline fluorescence was regressed on continuous timepoint and categorical dose; each dose was compared to vehicle control with a two-sided t-test; and  $p$ -values from all panels were Bonferroni corrected. \*\*\*Bonferroni-corrected  $P < 0.001$  vs. vehicle control. Statistical results are in Supplementary Data 1.

3 minutes. The total LC run time was 29 minutes. Samples were only acquired in negative polarity due to the chemical structure of the targeted lipids. The ESI source parameters were ion source gas 1 (GS1) 30, ion source gas 2 (GS2) 30, curtain gas (CUR) 30, ion spray voltage (IS)  $-4500$  V, and temperature  $500$  °C. The declustering potential (DP), entrance potential (EP), collision energy (CE), and exit potential (CXP) were tuned for each individual targeted lipid and internal standard. The MS method was a targeted scheduled MRM method. There were 101 MRM scans scheduled for optimized windows ranging from 120–360 seconds. The mass spectrometer acquisition time was set to 29 minutes. The LC-MS/MS data was

acquired by Analyst 1.6.2 software (Sciex, Framingham, MA, USA) and processed with MultiQuant 3.0.1 (Sciex, Framingham, MA, USA) for peak integration. The targeted lipid species were reported as area ratios of the peak area of the analyte divided by the peak area of the corresponding internal standard (Supplementary Data 1).

#### Bioinformatics analysis of lipidomics data

We reanalyzed our previous lipidomics data from Study 1<sup>8</sup> and Study 2's lipidomics data using the R software. Both data sets included values of zero for missing data. Our only processing step was to filter out lipids with 20% or

more missing values, which was applied to both datasets. To reproduce our previous study, we tested Spearman rank correlation with R function `cor.test`, which yielded the same coefficient and *p*-value as previously reported<sup>8</sup>. For the Study 2 lipidomics dataset, we tested differential abundance between groups using the R function `wilcox.test`. Wilcoxon test *z*-scores were calculated from the `wilcoxonZ` function in the R package `rcompanion`. Replication FDRs from `ScreenDMT` were considered significant using  $FDR < 15\%$ , as we used previously<sup>12</sup>.

### Cell culture

WT-1 cells were generated in the Tseng Laboratory and 3T3-L1 cells were purchased from ATCC. All cells were monitored monthly for Mycoplasma infection. WT-1 mouse preadipocytes and 3T3-L1 mouse fibroblasts were cultured in high glucose DMEM supplemented with 10% FBS. When cells reached confluence, adipocyte differentiation was induced by using induction media (DMEM high glucose media with 10% FBS, 33  $\mu$ M Biotin, 17  $\mu$ M Pantothenate, 0.5  $\mu$ M human insulin, 500  $\mu$ M IBMX, 2 nM T3, 0.1  $\mu$ M dexamethasone and 30  $\mu$ M indomethacin) for 2 days, then cells were switched to a differentiation media (DMEM high glucose media with 10% FBS, 0.5  $\mu$ M human insulin, 2 nM T3) for a final 7 days. After fully differentiated, adipocytes were washed with PBS and starved for 1 hour in DMEM. Adipocyte authentication was confirmed morphometrically.

### Calcium flux analysis

FLUOFORTE fluorescence was measured in adipocytes according to manufacturer's directions (Enzo Scientific, Farmingdale, NY, USA). Briefly, starved adipocytes were incubated with FLUOFORTE Dye-loading solution for 1 hour at room temperature, then baseline fluorescence was read on a plate reader. After treatment with vehicle control or different concentrations of linoleic acid diol, FLUOFORTE fluorescence was read every 50 seconds.

### Replication simulations

We assessed the performance of methods that provide adjusted *p*-values by simulating two studies with the same 1,000 features or analytes following the simulations in Djordjilović et al.<sup>40</sup>. We simulated normally distributed statistics with variance of one per analyte per study. The statistics for analytes without signal were simulated with mean zero in both studies. In the Equal Signal simulation, the statistics for analytes that were truly directionally replicated were simulated with a mean of 3.5 or  $-3.5$  in both studies, and these comprised 5% of the analytes. The statistics for analytes that were not directionally replicated but had some signal ("Percent of null analytes with signal") were simulated with mean zero in one study and mean magnitude of 3.5 in the other, or else they were simulated with a mean of 3.5 in one study and  $-3.5$  in the other study. In the Unequal Signal setting, the mean magnitude for one study was 2.66 while the other study had mean magnitude of 4.66. Like the `AdaFilter` simulations<sup>14</sup>, the statistics were simulated under weak dependence, where analytes were correlated with correlation coefficient of 0.5 to other features in their block with block size of 10, whereas under strong dependence, features were similarly correlated but in block sizes of 100. Features were randomly assorted to blocks.

For each setting 1000 simulations were run. `RepFdr` using its default parameters was too slow to run this many simulations, so the tolerance specified in `RepFdr`'s package vignette was used. So that `RepFdr` calculates FDRs when it estimates the fraction of nulls to be one in both studies, we modified it to calculate each analyte's FDR as one instead of producing an error. For the FWER case, we do not compare to Bogomolov and Heller<sup>15</sup> because its replication implementation `radjust-sym` does not include a FWER procedure and its mediation implementation does not account for direction<sup>41</sup>.

### Statistics and reproducibility

The replicates in the human lipidomics data sets were distinct individuals. Replicates in the calcium flux experiments were the same cell line in different

wells that were independently treated with vehicle or linoleic acid diol. Statistics were calculated using the R statistical software v4.4.0 and data was plotted using the R package `ggplot2`.

### Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

### Data availability

Lipidomics measurements and sample metadata for both studies; lipidomics statistics from both studies and the replication; and simulation results, which together include source data for all figures except Fig. 4, are freely available at <https://github.com/jdreyf/screendmt-dihome-replication> and at <https://doi.org/10.5281/zenodo.11843922><sup>42</sup>. Lipidomics data and BMI values from Study 2 and source data for Fig. 4 are available in Supplementary Data 1. All datasets generated for this study are included in this article.

### Code availability

The R package `DirectionalMaxPTest` is freely available at <https://github.com/jdreyf/DirectionalMaxPTest>, which implements DMT and `ScreenDMT`. The main results can be reproduced from <https://github.com/jdreyf/screendmt-dihome-replication> and <https://doi.org/10.5281/zenodo.11843922><sup>42</sup>, which contains data, results, and R code. To reproduce the headline results with one click even when software versions of dependencies change, data, results, and code have also been deposited in a Code Ocean capsule at <https://doi.org/10.24433/CO.5374599.v1>, which is open, exportable, reproducible, and interoperable.

Received: 11 October 2023; Accepted: 29 July 2024;

Published online: 14 August 2024

### References

- Shamsi, F., Wang, C. H. & Tseng, Y. H. The evolving view of thermogenic adipocytes - ontogeny, niche and function. *Nat. Rev. Endocrinol.* **17**, 726–744 (2021).
- Leiria, L. O. et al. 12-Lipoxygenase Regulates Cold Adaptation and Glucose Metabolism by Producing the Omega-3 Lipid 12-HEPE from Brown Fat. *Cell Metab.* **30**, 768–783.e767 (2019).
- Stanford, K. I. et al. 12,13-diHOME: An Exercise-Induced Lipokine that Increases Skeletal Muscle Fatty Acid Uptake. *Cell Metab.* **27**, 1111–1120.e1113 (2018).
- Pinckard, K. M. et al. A Novel Endocrine Role for the BAT-Released Lipokine 12,13-diHOME to Mediate Cardiac Function. *Circulation* **143**, 145–159 (2021).
- Park, K. et al. Endothelial cells induced progenitors into brown fat to reduce atherosclerosis. *Circ. Res.* **131**, 168–183 (2022).
- Wolfs, D. et al. Brown Fat-Activating Lipokine 12,13-diHOME in Human Milk Is Associated With Infant Adiposity. *J. Clin. Endocrinol. Metab.* **106**, e943–e956 (2021).
- O'Mara, A. E. et al. Chronic mirabegron treatment increases human brown fat, HDL cholesterol, and insulin sensitivity. *J. Clin. Investig.* **130**, 2209–2219 (2020).
- Lynes, M. D. et al. The cold-induced lipokine 12,13-diHOME promotes fatty acid transport into brown adipose tissue. *Nat. Med.* **23**, 631–637 (2017).
- Benjamini, Y., Heller, R. & Yekutieli, D. Selective inference in complex research. *Philos. Trans. A Math. Phys. Eng. Sci.* **367**, 4255–4271 (2009).
- MacKinnon, D. P., Lockwood, C. M., Hoffman, J. M., West, S. G. & Sheets, V. A comparison of methods to test mediation and other intervening variable effects. *Psychol. Methods* **7**, 83–104 (2002).
- Barfield, R. et al. Testing for the indirect effect under the null for genome-wide mediation analyses. *Genet. Epidemiol.* **41**, 824–833 (2017).
- Dreyfuss, J. M. et al. High-throughput mediation analysis of human proteome and metabolome identifies mediators of post-bariatric surgical diabetes control. *Nat. Commun.* **12**, 6951 (2021).



13. Djordjilović, V. et al. Global test for high-dimensional mediation: Testing groups of potential mediators. *Stat. Med.* **38**, 3346–3360 (2019).
14. Wang, J., Gui, L., Su, W. J., Sabatti, C. & Owen, A. B. Detecting multiple replicating signals using adaptive filtering procedures. *Ann. Statist.* **50**, <https://doi.org/10.1214/21-AOS2139> (2022).
15. Bogomolov, M. & Heller, R. Assessing replicability of findings across two studies of multiple features. *Biometrika* **105**, 505–516 (2018).
16. Heller, R. & Yekutieli, D. Replicability analysis for genome-wide association studies. *Ann. Appl. Stat.* **8**, 481–498 (2014).
17. Liu, Z. et al. Large-Scale Hypothesis Testing for Causal Mediation Effects with Applications in Genome-wide Epigenetic Studies. *J. Am. Stat. Assoc.* **117**, 67–81 (2022).
18. Gail, M. & Simon, R. Testing for qualitative interactions between treatment effects and patient subsets. *Biometrics* **41**, 361–372, (1985).
19. Hudson, A. & Shojjaie, A. Statistical inference on qualitative differences in the magnitude of an effect. *Stat. Med.* **43**, 1419–1440 (2024).
20. Owen, A. B. Karl Pearson’s meta-analysis revisited. *Ann. Statist.* **37**, <https://doi.org/10.1214/09-AOS697> (2009).
21. Green, D. et al. Central activation of TRPV1 and TRPA1 by novel endogenous agonists contributes to mechanical allodynia and thermal hyperalgesia after burn injury. *Mol. Pain* **12**, <https://doi.org/10.1177/1744806916661725> (2016).
22. Nosek, B. A. et al. Replicability, robustness, and reproducibility in psychological science. *Annu Rev. Psychol.* **73**, 719–748 (2022).
23. Ideker, T. & Krogan, N. J. Differential network biology. *Mol. Syst. Biol.* **8**, 565 (2012).
24. Sirugo, G., Williams, S. M. & Tishkoff, S. A. The missing diversity in human genetic studies. *Cell* **177**, 26–31 (2019).
25. Carneheim, C., Cannon, B. & Nedergaard, J. Rare fatty acids in brown fat are substrates for thermogenesis during arousal from hibernation. *Am. J. Physiol.* **256**, R146–154, (1989).
26. Lynes, M. D., Kodani, S. D. & Tseng, Y. H. Lipokines and Thermogenesis. *Endocrinology* **160**, 2314–2325 (2019).
27. Abe, I. et al. Lipolysis-derived linoleic acid drives beige fat progenitor cell proliferation. *Dev. Cell* **57**, 2623–2637.e2628 (2022).
28. Edin, M. L. et al. Epoxide hydrolase 1 (EPHX1) hydrolyzes epoxyeicosanoids and impairs cardiac recovery after ischemia. *J. Biol. Chem.* **293**, 3281–3292 (2018).
29. Taha, A. Y. et al. Regulation of rat plasma and cerebral cortex oxylipin concentrations with increasing levels of dietary linoleic acid. *Prostaglandins Leukot. Ess. Fat. Acids* **138**, 71–80 (2018).
30. Edwards, L. M. et al. Metabolomics reveals increased isoleukotoxin diol (12,13-DHOME) in human plasma after acute Intralipid infusion. *J. Lipid Res.* **53**, 1979–1986 (2012).
31. Zhang, J. et al. CYP eicosanoid pathway mediates colon cancer-promoting effects of dietary linoleic acid. *Faseb j.* **37**, e23009 (2023).
32. Li, J. J., Huang, C. J. & Xie, D. Anti-obesity effects of conjugated linoleic acid, docosahexaenoic acid, and eicosapentaenoic acid. *Mol. Nutr. Food Res.* **52**, 631–645 (2008).
33. Gaullier, J. M. et al. Conjugated linoleic acid supplementation for 1 y reduces body fat mass in healthy overweight humans. *Am. J. Clin. Nutr.* **79**, 1118–1125 (2004).
34. Belury, M. A., Mahon, A. & Banni, S. The conjugated linoleic acid (CLA) isomer, t10c12-CLA, is inversely associated with changes in body weight and serum leptin in subjects with type 2 diabetes mellitus. *J. Nutr.* **133**, 257s–260s (2003).
35. Angin, Y. et al. Calcium signaling recruits substrate transporters GLUT4 and CD36 to the sarcolemma without increasing cardiac substrate uptake. *Am. J. Physiol. Endocrinol. Metab.* **307**, E225–236, (2014).
36. Vasan, S. K. et al. The proposed systemic thermogenic metabolites succinate and 12,13-diHOME are inversely associated with adiposity and related metabolic traits: evidence from a large human cross-sectional study. *Diabetologia* **62**, 2079–2087 (2019).
37. Kulterer, O. C. et al. The Presence of Active Brown Adipose Tissue Determines Cold-Induced Energy Expenditure and Oxylipin Profiles in Humans. *J. Clin. Endocrinol. Metab.* **105**, <https://doi.org/10.1210/clinem/dgaa183> (2020).
38. Levan, S. R. et al. Elevated faecal 12,13-diHOME concentration in neonates at high risk for asthma is produced by gut bacteria and impedes immune tolerance. *Nat. Microbiol.* **4**, 1851–1861 (2019).
39. Totani, Y. et al. Leukotoxin and its diol induce neutrophil chemotaxis through signal transduction different from that of fMLP. *Eur. Respir. J.* **15**, 75–79 (2000).
40. Djordjilović, V., Hemerik, J. & Thoresen, M. On optimal two-stage testing of multiple mediators. *Biom J.* <https://doi.org/10.1002/bimj.202100190> (2022).
41. Sampson, J. N., Boca, S. M., Moore, S. C. & Heller, R. FWER and FDR control when testing multiple mediators. *Bioinformatics* **34**, 2418–2424 (2018).
42. Dreyfuss, J. M. ScreenDMT simulations and application to two lipidomics studies. *Zenodo*, <https://doi.org/10.5281/zenodo.11843923> (2024).

## Acknowledgements

We acknowledge helpful discussion with Juan J.A. Henao, Mary Joan Castillo-Dreyfuss, and Dhruv Dubey. This work was supported in part by U.S. National Institutes of Health (NIH) grants R01DK122808 and R01DK102898 (to Y.-H.T.), P30DK036836 (to Joslin Diabetes Center’s Diabetes Research Center), and by US Army Medical Research grant W81XWH-17-1-0428 (to Y.-H.T.). M.D.L. was supported by NIH fellowships (T32DK007260, F32DK102320 and K01DK111714).

## Author contributions

Conceptualization: J.M.D., M.D.L.; Methodology: J.M.D., V.D., H.P., M.D.L.; Software: J.M.D., V.D., H.P.; Validation: J.M.D., V.D., M.D.L.; Investigation: J.M.D., V.D., V.B., A.M.M., M.B., M.D.L.; Writing—Original Draft: J.M.D., M.D.L. Writing—Review & Editing: V.D., H.P., Y.-H.T.; Supervision: M.A.K., N.R.N., Y.-H.T.

## Competing interests

The authors declare the following competing interests: AMM, MAK, NRN, and VB are and/or were employees of BPGbio Inc (formerly Berg LLC). MB received honoraria as a consultant and speaker from Amgen, AstraZeneca, Bayer, Boehringer Ingelheim, Daiichi-Sankyo, Lilly, Novo Nordisk, Novartis, Pfizer, and Sanofi. MDL and Y-HT are the inventors of US Patent 11,433,042, “Methods and compositions for treating metabolic disorders,” related to 12,13-diHOME. All other authors declare no competing interests.

## Additional information

**Supplementary information** The online version contains supplementary material available at <https://doi.org/10.1038/s42003-024-06646-z>.

**Correspondence** and requests for materials should be addressed to Matthew D. Lynes.

**Peer review information** *Communications Biology* thanks the anonymous reviewers for their contribution to the peer review of this work. Primary Handling Editors: Gabriela da Silva Xavier and Dario Ummano.

**Reprints and permissions information** is available at <http://www.nature.com/reprints>

**Publisher’s note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

**Open Access** This article is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License, which permits any non-commercial use, sharing, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if you modified the licensed material. You do not have permission under this licence to share adapted material derived from this article or parts of it. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by-nc-nd/4.0/>.

© The Author(s) 2024